Dietitian Services at Bloom Healthcare

At Bloom Healthcare, our **NDIS-approved dietitians** help people with disabilities by:

- Providing **personalised nutrition support**.

- Helping you meet your **health needs** and **NDIS goals**.

What We Offer

Our dietitians are experts in:

- Creating **custom nutrition plans**.

- Helping you feel better and improve your daily life through good nutrition.

Nutritional Assessments

Our dietitians will:

- Do a **nutritional assessment** to understand your diet, health, and preferences.

- Create a **nutrition plan** that is right for you.

We can help with:

- **Weight management**.

- **Disordered eating**.

- **Gastrointestinal** issues (digestive problems).

- Managing **chronic** conditions like **diabetes**.

Meal Support

We know that people with disabilities face unique challenges with food.

Our dietitians will:

- **Create meal plans** that are practical and easy to follow.

- Make sure the meal plans fit your **dietary needs** and **lifestyle**.

We also offer:

- **Ongoing support** and regular check-ins to make sure your nutrition plan is working.

Education and Advocacy

We believe it is important to educate you and your caregivers about healthy eating.

Our dietitians will:

- Teach you how to make **good food choices**.

- **Advocate** for your nutritional needs within your **NDIS plan**.

We also work with other support teams to provide **holistic care**.

Flexible Services

We offer our dietitian services in different ways, including:

- **In-home visits**.

- **Telehealth** (online consultations).

- **Clinic appointments**.

This way, you can get help in the way that works best for you.

Specialised Support

Our dietitians are experienced in helping people with complex needs, such as:

- **Enteral feeding** (feeding through a tube).

- **Food allergies**.

- **Swallowing difficulties**.

We work closely with you to make sure your nutrition supports your **health** and **well-being**.

Contact Us

If you want to learn more about our **Dietitian Services**, contact **Bloom Healthcare** today!