NDIS & Aged Care Allied Health in Melbourne | Bloom

Canonical: https://bloom-healthcare.com.au/locations/melbourne/

Details:

Bloom Healthcare delivers mobile allied health across Greater Melbourne. Clinicians travel to the address where support is needed — home, school, workplace, day program or another community setting — rather than asking you to attend a clinic. Telehealth is available where travel rather than clinical need is the obstacle.

Melbourne spans established inner and middle suburbs and a ring of outer growth areas, and those are different scheduling problems. A thirty-minute gap between appointments in Box Hill is not the same as a thirty-minute gap between Melton and Werribee. The availability of one service in an area does not establish the availability of every discipline , which is why the first question is always the exact address and the discipline. To check, call 1300 771 465 or email hello@bloom-healthcare.com.au .

Areas across Greater Melbourne

Enquiries are regularly taken from:

Melbourne and the inner suburbs

Box Hill and Glen Waverley in the east

Cheltenham in the south-east

Craigieburn in the north

Melton and Werribee in the west

Frankston

Ringwood

Treat those as the shape of the coverage rather than a promise about a particular street. Availability is a travel radius around where clinicians are based, it differs by discipline, and it moves as capacity changes. Give the exact postcode and the discipline and ask what is available now.

The outer growth corridors deserve a specific mention. Melton, Werribee and Craigieburn are inside Greater Melbourne, but travel between them and the rest of the metro area is substantial, which affects both which days are workable and the travel component of the cost. If you are in one of those areas, ask about likely appointment days and session length rather than assuming any slot will do.

The broader Victoria guide covers Victorian addresses outside the metro area, and Geelong is covered separately.

Which funding stream applies to you

The funding pathway usually matters more than the postcode, because it decides what can be arranged, who approves it and who pays.

NDIS participants. Allied health is normally funded from the Capacity Building budget under Improved Daily Living. You do not need a GP referral to start an NDIS allied health enquiry. If your plan is NDIA-managed you must use a registered provider, and Bloom Healthcare is registered (Registration no 4-JR6F5KX, Provider no 4050148863). Self-managed and plan-managed participants can use either

registered or unregistered providers. The NDIS page sets out the detail.

Older Australians. In-home aged care is funded through the Support at Home program, which replaced the Home Care Packages Program and the Short-Term Restorative Care Programme on 1 November 2025 . Allied health sits in the Clinical Supports category. Access starts with an aged care assessment through My Aged Care on 1800 200 422 — Bloom does not decide anyone's funding, and no provider can. See the Support at Home hub and aged care services .

Medicare and private. Psychology and counselling can be accessed under a valid referral, and self-funded arrangements are available where no plan is in place. See Medicare services , pricing and the FAQ .

Which disciplines you can ask about in Melbourne

Occupational therapy , physiotherapy , speech pathology , psychology and counselling , exercise physiology , dietetics , positive behaviour support and paediatric therapy .

Where more than one discipline is relevant, raise it as one enquiry. Someone whose mobility and confidence have both dropped after a fall may need physiotherapy and occupational therapy, and sometimes psychology as well. Three separate enquiries take three times as long to arrange and produce three plans that do not reference each other.

Assessment and report work

A large share of what gets booked in Melbourne is evidence work rather than ongoing therapy: functional capacity assessments , assistive technology and equipment prescription, home modifications, and SDA, SIL or ILO housing assessments. Each produces a report a funder can act on.

That work has two timeframes — the appointment and the report turnaround — and people routinely ask about the first and get caught by the second. If there is a plan review date the report must meet, say so on the first call. It determines who is allocated and how much time is set aside. Complexity drives the hours too: an assessment involving psychology input as well as occupational therapy takes longer, and the hours and cost are quoted before it begins.

Travel, setting and cost

Travel time is priced into in-home and community sessions, so the setting affects what you are charged. Ask for the estimate in writing before services begin and check it against the service agreement.

In-person is the right call when the environment is part of the assessment: home safety, transfers and falls risk, equipment prescription, or a community session built around a destination you actually use — a tram stop, a local shop, a route you take regularly.

Telehealth earns its place for programme progression, education for families and carers, planning conversations, short reviews and continuity between visits. In a city, telehealth is often less about distance than about a carer who cannot take a second morning off work, or a review that genuinely only needs twenty minutes.

You will need a device with a camera, a workable internet connection and somewhere private for the session. Ask at booking whether the specific assessment you need can be done remotely, because some can and some cannot, and the honest answer depends on the assessment rather than on a general policy.

Where sessions happen

Services are delivered in your home, which also lets a clinician assess the environment you actually live in; in schools and early learning settings, so therapy for children is embedded where they already spend the day; in workplaces, for employment-related goals; in day programs and community settings; in residential aged care; by secure video or phone; and in a therapy or consulting room arranged case by case where that suits you better.

For a community session the destination matters. Working on a route you actually use — a particular tram stop, a local shop, a path you walk — produces more useful information than a generic outing, so tell the clinician where you are really trying to get to.

Children, school and early childhood in Melbourne

Therapy is usually delivered where a child already spends their day: home, childcare, kindergarten or school. Sessions held at a school need the school's agreement and the family's consent arranged in advance, so mention it on the first call.

The NDIS early childhood approach applies to children younger than 9 ; children younger than 6 with developmental delay can access support without a formal diagnosis, and children aged 6 to 9 with an identified disability are eligible. The approach is family-centred, aimed at building the family's capacity so strategies keep running through ordinary routines rather than only during a session. See paediatric therapy and Thriving Kids .

Aged care across Melbourne

Under Support at Home, allied health is a Clinical Support, and access begins with an aged care assessment through My Aged Care on 1800 200 422. Bloom does not decide anyone's funding; it delivers the allied health that may form part of an approved support plan.

The services most often involved are occupational therapy for equipment, home safety and daily activities, physiotherapy for mobility, balance and falls prevention, exercise physiology for strength and endurance, and speech pathology for communication and swallowing. Sessions can also be delivered in residential aged care.

What to have ready when you call

The postcode of each address where support would be delivered

The discipline , or a plain description of what has become harder

Your funding type , and for NDIS how the plan is managed

Any existing reports or assessments , and any deadline a report must meet

The goals that matter to you or the family

Whether a school or day program is involved

Whether an interpreter or an Easy Read format is needed — see the accessibility statement

How to start

Call 1300 771 465 , email hello@bloom-healthcare.com.au , or use the referrals page . Anyone can refer: the person themselves, a parent or carer, a GP or paediatrician, a support coordinator, a plan manager, a school, a SIL provider, another health professional, or a nominee or guardian.

Useful information to include is the person's age, the main concerns, any existing reports or assessments, relevant history, the goals that matter to the family, and the best contact details.

A member of the team will be in contact within 24 hours of receiving a referral. The referral is then triaged and matched to a clinician on capacity, location, skill set and the specific need. A welcome pack and intake form follow, and nothing is scheduled until the intake form is completed and returned. Bloom aims to schedule the initial meeting within 5 business days where possible. Rates, hours, travel and reporting are set out in a service agreement that is discussed and signed before service delivery and billing begin.

If something is not working once services start, the feedback page explains how to raise it, the advocacy policy covers your right to an advocate, and the incident management policy sets out how incidents are handled and reported.

What areas does Bloom Healthcare serve in Melbourne?

Bloom Healthcare operates mobile allied health services across Greater Melbourne. Existing enquiry examples include Craigieburn, Melton, Werribee and Frankston, and additional areas include Melbourne and inner suburbs, Box Hill and Glen Waverley in the east, Cheltenham in the south-east, and Ringwood. Bloom must still confirm the requested discipline, travel arrangements and current availability for your specific postcode.

Can I enquire about Bloom Healthcare support in Melbourne's outer suburbs?

Yes. Existing enquiry examples include Craigieburn, Melton, Werribee and Frankston, but Bloom must confirm the requested discipline, travel arrangements and current availability for your postcode before a visit is arranged.

What should I do if I live outside metropolitan Melbourne but want Bloom Healthcare services?

Use the Victoria page for a broader regional enquiry. You should explain whether you need in-person support or would like to discuss clinically suitable telehealth, since neither option is assumed available for every service.

Can Bloom Healthcare provide a home visit in Melbourne?

You can enquire about home or community appointments. Bloom checks the requested discipline, exact service postcode, clinical suitability and current clinician availability before confirming a visit, and travel and fees are agreed before booking.

How quickly will someone contact me?

Bloom aims to make contact within 24 hours of receiving a referral, with the initial meeting within five business days where possible, once the intake form is returned and the service agreement signed. How soon an appointment actually happens depends on the discipline and the postcode, so ask about current availability for your area when you call 1300 771 465.

What funding pathways can I discuss for Bloom Healthcare services in Melbourne?

You can ask about NDIS, aged care and Support at Home, Medicare psychology, private services, or another relevant referral pathway. Eligibility, service scope, practitioner requirements and payment arrangements vary, and an enquiry does not establish funding approval.

Do I need a referral before contacting Bloom Healthcare about the Melbourne pathway?

No, you can begin with an enquiry without having every document ready. Bloom confirms the referral, clinical information, consent and funding requirements for the service, and health records should be sent only through the approved secure referral process.

Can I attend a Bloom Healthcare clinic in Melbourne?

Do not travel to a presumed clinic address. Bloom primarily delivers services in homes and community settings, with suitable telehealth also considered. Any clinic appointment, actual address and access arrangements must be explicitly confirmed.

What allied health disciplines are available through Bloom Healthcare across Greater Melbourne?

Disciplines available across Greater Melbourne through Bloom Healthcare include occupational therapy, physiotherapy, speech pathology, psychology and counselling, exercise physiology, dietetics, positive behaviour support, and paediatric therapy. Availability of one service in an area does not guarantee availability of every discipline, so specific postcode and discipline information should be confirmed when enquiring.

How many clients and clinicians does Bloom Healthcare have in the Greater Melbourne region?

Bloom Healthcare supports approximately 2,100 clients throughout Victoria with 40 clinicians based in the Greater Melbourne region.

What should I have ready when I call?

The exact service address and postcode, the discipline you think you need, the person's age, which funding stream applies if you know it, the main functional difficulties, and any existing reports. The postcode matters most, because availability is checked against the real address rather than against the city.

Is travel charged?

Travel and fees are agreed before booking and set out in your service agreement. Ask for them in writing on 1300 771 465 rather than relying on a figure published elsewhere.