



Occupational Therapy Services from Bloom Healthcare

At Bloom Healthcare, we offer **Occupational Therapy services** for people with disabilities.

Our services are:

- Provided **in your home** or **in the community**.
- **Tailored** to meet your needs.
- Focused on helping you **achieve your goals**.

What is Occupational Therapy?

Occupational Therapy helps people with disabilities:

- **Do daily activities** more easily.
- **Live a better life** by reaching your goals.

Our Occupational Therapists:

- Use your **strengths** and interests to guide therapy.
- Help you decide what direction your therapy should take.
- Support you to live your version of a **good life**.

Our Services

We offer a variety of services, including:

- **Functional Capacity Assessments (FCA)** – to see what you can do and what help you need.
- **Assistive Technology (AT)** – to provide equipment that makes your life easier.
- **Home Modifications** – to make your home safer and more accessible.
- **Home and Living Assessments** – to check your living situation.
- **Therapy** for all disabilities, including Autism.

Our Occupational Therapists

Our team has experience in many areas and can help people of all ages.

We support your:

- **Physical health.**
- **Cognitive skills** (how you think and learn).
- **Emotional well-being.**

How We Can Help

We help people:

- Become more **independent** in **self-care** (taking care of yourself).
- **Manage daily tasks** at home.
- **Access the community** by understanding what challenges you face.

How We Can Help

For **children**, our paediatric specialists use a special approach to help:

- Increase **independence** in daily activities.
- Improve **emotional regulation** (handling feelings).
- Support **sensory processing** (how you react to sensory information).
- Engage more in **school** and build **friendships**.

At Bloom Healthcare, we are here to support you.

Contact Us

Contact us to learn more about how **Occupational Therapy** can help you!