



# **Positive Behaviour Support (PBS) at Bloom Healthcare**

**At Bloom Healthcare, we offer Positive Behaviour Support (PBS) as part of our NDIS allied health services.**

# What is Positive Behaviour Support?

**Positive Behaviour Support (PBS)** is an approach that helps improve the lives of people by:

- **Understanding why challenging behaviours happen.**
- **Finding ways to support the person without just trying to control behaviour.**

# How Does PBS Work?

PBS focuses on:

- **Understanding the cause** of challenging behaviour.
- **Creating positive strategies** to support the person.
- **Preventing difficult behaviour** instead of using restrictive practices.

# The Goal Of PBS

The goal is to help people with disabilities:

- **Live their best life.**
- Be treated with **respect and dignity.**

## Restrictive Practices

In some cases, **restrictive practices** may be needed. These are:

- Only used if all other options have been tried.
- Always approved by the **state-based authority.**
- Reviewed regularly to see if they are still necessary.

At **Bloom Healthcare**, we are committed to providing **person-centred care** that helps people reach their **full potential.**

## Contact Us

If you would like to know more about **Positive Behaviour Support**, contact **Bloom Healthcare** today!