

# Paediatric Support for Children and Teens Aged 10–18 from Bloom Healthcare

At Bloom Healthcare, we help school-aged children and teens grow, learn, and prepare for the future. Our NDISfunded services are designed to support children's academic, social, emotional, and physical development.

## What We Offer

#### 1. Skill Development

We help children:

- Improve communication and social skills.
- Build emotional regulation and confidence.
- Develop fine and gross motor skills for daily tasks and activities.

#### 2. School Support

We work with schools, families, and teachers to:

- Identify barriers to learning.
- Create strategies for classroom participation and social connections.
- Provide teacher training and school-based therapy.

### What We Offer

#### 3. Transition Planning

We prepare children and teens for key life changes:

- Moving from primary to secondary school.
- Planning for life after school, including work, further education, and independent living.
- Building life skills like cooking, managing money, and self-care.

#### 4. Employment Readiness

- We help teens prepare for work by teaching:
- Communication and time management.
- Organisational skills and self-advocacy.
- How to navigate workplace needs and accommodations.

# What We Offer

#### **5. Community Connections**

We help families and teens:

- Access resources like assistive technology and adaptive equipment.
- Connect with peers and build a sense of belonging.

# **Our Services**

- Occupational Therapy: Build skills for daily tasks and independence.
- **Speech Pathology**: Improve communication and social interaction.
- Psychology & Counselling: Support mental health and emotional well-being.
- Physiotherapy & Exercise Physiology:
  Promote physical health and fitness.

# Why Choose Bloom Healthcare?

- Personalised Plans: Support tailored to each child's goals.
- **Collaborative Approach**: Families, schools, and communities work together.
- **Proven Methods**: Services are based on the latest research.
- Focus on the Future: Helping children build independence and confidence for adulthood.

### **How We Help Families?**

We work closely with parents and caregivers to:

- Teach strategies for supporting their child.
- Provide tools for navigating life transitions.
- Strengthen family networks and connections to the community.

### **Contact Us**

At Bloom Healthcare, we're here to support your child through every step of their journey. Let's help them thrive and prepare for the future!

**BLOOM-HEALTHCARE.COM.AU**